

SPA MENU

WELCOME TO THE WONDERFUL WORLD OF BELMOND

We are totally dedicated to your wellness when you stay with us at Belmond. Whether lazing in our spa or dining on nutritious cuisine, practicing yoga on a beach or enjoying a moment's peace in a tranquil hideaway, do take this special opportunity to refresh both your body and your soul.

CONTENTS

- 01** RELAX AND REVIVE IN PICAFLOR SPA CAR
- 02** SIGNATURE INDULGENCES
- 03** MESSAGES
- 04** BODY RITUALS
- 05** FACIAL THERAPIES
- 06** SPA STYLE
- 07** PRICE LIST

01 **RELAX AND REVIVE IN PICAFLOR SPA CAR**

We invite you to unwind in our sumptuous spa car. Step into a realm of indulgence and enjoy luxurious treatments as you glide through spectacular Andean landscapes.

Choose from an exceptional menu of therapies specially selected to enhance your Peruvian experience. We use renowned products by Germaine de Capuccini, experts in rejuvenating skincare, alongside an exclusive Andean collection that embraces the healing power of local, natural ingredients.

We've named our spa car after the hummingbird, a favorite Peruvian motif on ceramics and other handicrafts since pre-Inca times. The rapid fluttering of this dazzling bird as it darts among flowers is invariably among the highlights of every Andean adventure.

Join our experienced therapists in this serene space to relax with a soothing massage or uplifting facial. Drift into a world of peace and calm and emerge radiant with health and renewed energy. Please note, all our treatments are suitable for men.

To make an appointment, simply speak to any member of the onboard crew. We look forward to welcoming you into our sanctuary soon.

02 SIGNATURE INDULGENCES

ANDEAN RITUAL

80 MINUTES

Regain your harmony and balance in this gentle ritual, which begins with a regenerative cleansing clay wrap of flowers and coca leaves. Let a massage using medium to deep pressure align your energy, relax muscles, reduce tension and stimulate circulation. Aromatherapy essences derived from sustainably harvested Andean plants enhance the experience.

POWER OF THE SUN

(EXFOLIATION, BODY WRAP AND MASSAGE)

80 MINUTES

The energy of the Inca sun is embodied in this exquisite treatment, in which we use a sparkling gold exfoliation and body wrap to leave your skin luminous, moisturized and rejuvenated. The precious metal also helps stimulate metabolism and protect cells from solar radiation. The experience continues with a 60-minute body massage, creating a radiant, all-over glow.

03 MASSAGES

LEG MASSAGE AND PRESSURE THERAPY

50 MINUTES

Revive yourself with this high-absorption, refreshing wrap that creates an immediate sensation of lightness in your legs and lower body. You'll feel your circulation stimulated and your energy recharged. Ideal after a long trek.

OBSIDIANA MASSAGE

50 MINUTES

This exclusive massage using obsidian stones is designed to improve the balance between your emotional and physical self. Using the stones, we soothe any muscular tension, relax your mind and stimulate microcirculation. Look forward to emerging feeling positive and energized.

05

04 BODY RITUALS

PRECIOUS STONES RITUAL

80 MINUTES

Feel reinvigorated with this unique treatment, ideal for high-altitude areas, which combines body exfoliation with a relaxing massage. We place precious stones on your pressure points to align your energy channels. Tension melts away, leaving you refreshed and revitalized.

MAGIC CANDLES

50 MINUTES

Let the aroma and warmth of the candles blend with the silky, moisturizing emulsion being soothed into your skin. This multi-sensory experience will captivate your senses and transport you to a state of total wellbeing.

CHOCOLATE EMULSION AND AROMATHERAPY

80 MINUTES

For pure indulgence, treat yourself to this sensual therapy beginning with a rich and exfoliating chocolate body wrap. The intense cocoa aroma enhances feelings of wellbeing while leaving skin smooth, even and free of impurities. The ritual continues with a restorative massage using warm, aromatic oils derived from exotic plants. An unforgettable Andean-inspired experience.

RAIN OF PEARLS

(EXFOLIATION, BODY WRAP AND MASSAGE)

80 MINUTES

Since ancient times, pearls have been valued not only for their beauty but for their healing properties. This precious treatment begins with a rejuvenating pearl peel to improve oxygenation and detoxification. Your body is now ready to be gently firmed and toned with a delicate pearl-based wrap. The treatment culminates in a deep-tissue massage to give your skin a fresh radiance.

05 FACIAL THERAPIES

Our facial treatments are designed to enhance luminosity, tone and hydration. We can tailor therapies to sensitive and combination skin.

VITAMIN C FACIAL

Brighten your complexion, eliminate purities and help halt the aging process with this fragrant and potent facial. Vitamin C and powerful antioxidants work with spices and olive leaf extracts to protect and nurture the skin.

TIME EXPERT LIFT FACIAL

Enjoy visible results after just a single session of this restorative treatment. To increase firmness from within and improve the skin's density, we employ precise, sculpting massage movements to redefine your facial features. Skin feels toned, lines are diminished and your appearance rejuvenated.

FACIAL FOR HIM

Benefit from an energizing boost with this detoxifying treatment specially designed for masculine skin. We combine precise shiatsu-influenced movements with potent natural ingredients, including birch sap and vitamin C, to improve skin firmness and elasticity and leave you feeling refreshed and revived.

06 SPA STYLE

APPOINTMENTS

Please speak to a member of our onboard team to make a reservation.

CANCELLATIONS

If you wish to cancel or change your reservation, please let a member of our onboard team know at least two hours before your appointment. For later changes, a 50% cancellation charge will apply. If you cancel without notice, you'll be charged 100%.

ARRIVAL

For your comfort, we provide a robe, towel, slippers and other amenities. As courtesy to other guests, in case you arrive late, we will only be able to offer you the remaining time of your appointment. The full cost of the treatment will still apply.

WELLBEING

For your safety and comfort, we ask you to mention any conditions you may have, such as injuries, illnesses or allergies, when booking your appointment as certain treatments may not be advisable. In addition, before your treatment begins, please let your therapist or aesthetician know of any medical concerns.

PRECAUTIONS

We recommend eating and drinking in moderation and avoiding alcoholic beverages prior to your spa treatment. If you need to shave (particularly men receiving a facial), please do so at least two hours before your appointment. Please don't shave your legs prior to a body scrub treatment. Sunburn may limit enjoyment of your spa treatments; please be vigilant and use sun protection.

JEWELRY AND VALUABLES

Most therapies flow more easily without the interference of jewelry. We recommend removing neck and wrist ornaments. Please leave all valuables in your cabin safe.

GRATUITIES

If you enjoy your treatment, please feel free to leave a gratuity at your discretion.

07 PRICE LIST

All prices are quoted in US Dollars and Peruvian Soles and include taxes and services. Local currency rates may vary according to the exchange rate at time of payment.

SIGNATURE INDULGENCES

ANDEAN RITUAL	(80 MIN.)	\$160	S/ 552
POWER OF THE SUN	(80 MIN.)	\$160	S/ 552

MASSAGES

LEG MASSAGE AND PRESSURE THERAPY	(50 MIN.)	\$90	S/ 310
OBSIDIANA MASSAGE	(50 MIN.)	\$100	S/ 345

BODY RITUALS

PRECIOUS STONES RITUAL	(80 MIN.)	\$160	S/ 552
MAGIC CANDLES	(50 MIN.)	\$130	S/ 448
CHOCOLATE EMULSION AND AROMATHERAPY	(80 MIN.)	\$130	S/ 448
RAIN OF PEARLS	(80 MIN.)	\$160	S/ 552

FACIAL THERAPIES

VITAMIN C FACIAL	(50 MIN.)	\$120	S/ 414
TIME EXPERT LIFT FACIAL	(50 MIN.)	\$120	S/ 414
FACIAL FOR HIM	(50 MIN.)	\$120	S/ 414